So you tried a spiral! Great, that is the most common tie dye pattern, but there is so much more! From the same spiral spinning of a shirt and banding it together you can get Star bursts, Vary the dye and get different patterns, or just turn the shirt on its side and start the spiral someplace different! But how bout tying the shirt up completely different.

These instructions START at step 3, Lay your shirt out, it is expected that you have prepped through soaking and wringing the shirt in Soda ash.

**Crumple**

A Crumple is a series of random folds put into the shirt. Usually a crumple is made with two colors, but can be made with random colors put onto the shirt, experiment, Its all groovy man, play with your dye!

**Spread out your clothing!**

Stretch and Spread out the shirt on a clean protected surface so it lies flat. If there are stains or spots from other tie dyes, they add character, Groovy!

**Step 4 Crumple!**

Starting in the center, bunch the fabric up little by little going towards the edges of the shirt. You want the folds to be as random as possible, and as similar in size as possible. slowly making the shirt a smaller and smaller circle or disk. When the entire shirt is as small as you can crumple it by hand, get out the rubber bands!

**Step 5 Tie!**

Using rubber bands, tightly band the crumple crossing the center like you cut a pizza! use as many rubber bands as you need. finding the parts along the edge that are pocking out and put on a band to pull it back in! try not to let any part fold over another part, you want a nice flat even disk.

**Apply Color!**

Place your shirt onto a paper towel to absorb any extra dye or fixative on your working surface. A primary color is typically placed on the front covering the entire surface then the shirt is flipped and a secondary color is used to coat the back side. Of course you can place whatever color you want on your shirt. Random color, Random folds, Awesome! randomness!

On this sample, side 1 a heavy cover of yellow with a little primary red on top. Side two heavy cover of primary blue with a little primary red on top. colors blend in the middle giving all the rainbow colors on the shirt! Way Groovy man!
Bulls eye

Spread out your clothing!
Stretch and Spread out the shirt on a clean protected surface so it lies flat. If there are stains or spots from other tie dyes, they add character, Groovy.

Tie up your Bulls eye
For a bulls eye, you will be making concentric circles. Often done with the rainbow of colors, but can be done with a single color so show a series of concentric rings where the bands are.
Pinch and pull up on the spot you want the center of your bulls eye to be. can be anyplace! If you don’t want the back to be the same as the front, don’t catch the back side in your pinch!

As an alternate, start by folding the shirt like you would for a star. Then place the rubber bands. You won’t get a star with the bands placed straight across the folded shirt, but you will get a very neat set of circles that are more consistent with how they take the dye (less white spaces.

Place a rubber band Tight! around the shirt an inch or two from your pinch. The distance from band to tip is the radius of your center spot. Continue to add rubber bands down the length. The larger the space between bands, the wider the ring. The smaller the space, the narrower the ring.

Apply Color

Typically either the pattern is in one color, or each space gets a different color. As the Rings get larger, the bundle of shirt gets thicker. The Thick shirt is difficult to get dye into the middle of, requiring LOTS of dye be placed on the outside of the pattern. Lots of dye, little white space, Little dye, Lots of white space.
Roll the shirt around as you apply the dye to get dye on all the way around the shirt.
Bulls Eye Alternate

Instead of ONE big bulls eye, try Lots of little ones! Gather the fabric, into a little protruding finger of fabric, and place a rubber band tightly around the fabric. Do this as often as you are able leaving the shirt looking like a porcupine.

Be careful! It is not easy to NOT get background color on the bulls eyes and bulls eye color NOT on the background. I expect to, and dribble a bit of color around randomly to cover my ‘oops’ spots.

To dye, Start on a background color, or colors, starting on the back side, flipping to the front and doing the little protruding bulls eyes last.
Cinnamon Bun

This one is fun, and Easy! The pattern of stripes is dark on one side, and slowly gets lighter and smaller across the shirt.

Spread out your clothing!
Stretch and Spread out the shirt on a clean protected surface so it lies flat. If there are stains or spots from other tie dyes, they add character.

On A Roll!
Starting on the corner you want to be lightest, Roll the shirt so it is a long snake, the tighter the better! Once you have a Long Snake, roll the snake like a cinnamon Bun.

Dye with LOTS of dye but slowly. The shirt is very tight, and it takes lots of dye to get to the center of the shirt and because it is tight it takes some time to get there. You will find when you unwrap that the colors slowly fade to white. Flip once one side is well saturated and saturate the second side. This shirt was done with the primaries overlapping each on one half of the shirt.
Stripes

Stripes can run any direction, and run at a right angle from the direction of your fold.

**Spread out your clothing!**
Stretch and spread out the shirt on a clean protected surface so it lies flat. If there are stains or spots from other tie dyes, they add character, groovy.

Fold, either carefully by meticulously folding the shirt in an accordion fashion, back and forth so you see the edges of each fold at the top and bottom. OR simply just push the shirt as it is spread out on the table allowing more of a random fold size to happen in that direction. This leads for a very very long piece, so I usually fold the shirt over back on itself so it won't be so long and difficult to work with. Remember that the white highlights run with the folds, and the stripes of color run the opposite direction.

Tie tightly! wrapping the rubber band firmly around the fabric. Use more space between bands for larger stripes of color, and less space for more smaller stripes of color. IF you folded the shirt place the band closer to the fold as the space is doubled.

Dye with LOTS of dye, there are many folds, and the tied up shirt is thick requiring lots of dye to get into the center of the folds. Turn the shirt over and get the back side as well.

In This example, the three primaries were used. Mixing Red Yellow and blue to produce the secondary colors of orange, green and purple.
You are a star! Place a large star on the center of your shirt! You will need 4 sticks. I use chopsticks, but pens or pencils will probably work just fine.

Spread out your clothing!
Stretch and spread out the shirt on a clean protected surface so it lies flat. If there are stains or spots from other tie dyes, they add character,

Find the center by folding over the shirt and making a little crease.

Fold the two edges that are touching back on themselves creating small long triangle shapes. Do the same with the other side. Fold one side over onto the other side keeping all the folds radiating from that center point. The folds going back and forth making one large long skinny triangle where you can open flaps of cloth accordion style.

Fold the shirt in half. Now fold one edge at the middle to a 90°. Fold the other side over the same way meeting the two edges together and forming a point at the center point of the shirt.

Tie, but placing two chopsticks together with rubber bands above and below the folder shirt. Sticks must be very tight in order to keep the dye from going from one section to the other. Make Triangles with the sticks. Going straight across will make more of a stop sign shape.

To Dye, use a different color for each section. Strong contrast of color between sections helps. Don’t try to use too much dye especially along the sticks. Instead, open the folds and squirt some between folds. I use a contrasting color along the folds to make the star stand out better!
More About Spirals!

**Primary Rainbow spiral**
Described in our basic Tie Dye instructions. Each of the three primary colors cover half the shirt, overlapping the adjacent color by 1/3. Start with the yellow on half the tied up shirt. Add red on half the shirt covering 1/3 of the yellow making orange. The primary blue is the last color covering 1/3 of the red making purple, and covering 1/3 of the yellow making green. All the colors of the rainbow!

**Primary/Secondary spiral**
On front, primary colors Red, Blue and yellow for 3 sections (out of 12) each with a white section between each color. On opposite side, Orange between the the red and yellow, purple between the red and blue and green between the blue and yellow. Each for 3 sections So the Front and the back are different! This works well with a rainbow on both sides, just out of sync, so that the rainbow is turned 180 from the front side to the back. Careful however, the Secondary colors blend to make brown!

**Green and Black Sunburst**
For a Sunburst instead of placing the dye in just a few sections created by the rubber bands, Place dye over the entire side of the tied up shirt. For this shirt, I used two different shades of green. Always the lightest colors first. The light green covering the entire side first, then just a little dark green covering the entire surface. On the flip side I started with the same light green and used just a little Black covering the entire surface. Groovy man, Groovy!

**Rainbow spiral with Blue**
This combines Both the Rainbow spiral on one side, and the sunburst on the other side. Be careful when placing your sunburst color over the color opposite on the color wheel, it will blend to make brown.

John and Sarah  NHtiedye.com, P.O. Box 1268, Campton, NH  03223   603-726-8879
Step 7 Wrap and put aside
Wrap up your shirt in some paper toweling so that the dyes don’t bleed from one section to another and place into a plastic bag so it won’t dry out.

Step 8 Wait for dye to set
This is the hardest part! The Dye needs to set on the fabric for a day! Place your wrapped up shirt someplace warm for a day! Yep you need to wait for the reaction to happen. Warmer shirts react faster. If you can't get to it right away, that is OK, I have waited for a week, but it is better to do it after a day or two. If you don’t wait, the color will just wash out.

Step 9 Finish the shirt
Rinse and Wash. Wearing gloves, right in sink rinse out the shirt while removing the rubber bands. Rinse out in the sink with comfortable water until the shirt has little dye running out of it. Throw the shirt in the washer all by itself and run the shirt through an entire wash cycle in hot water with half the normal soap. If you use fabric softener, over soften as the dyes are harsh on the fabric. Dry as normal and wear, you shirt is DONE!

Wear and enjoy! For safety sake, be careful the next few times you wash your shirt. It takes several washings to get all the extra dye out of the shirt where it will not bleed.

If you have any questions, please don’t hesitate to call or e-mail! More photos will be available in the online directions, but they probably won’t print as well. If you find a spelling error, sorry, Not my strong suit! And if i missed your favorite!! design that you think should be added to the instructions, please let me know. happy to add to these instructions. Of course i will add the heart and the peace sign, but those will take a bit more time!

Peace Love and Happiness!
John
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